



ANNUAL REPORT 'PAHAL' 2000-2001

36, New Vivekanand Park, Maqsudan, Jalandhar, Punjab (India)

Year 2000-2001 was full of activities and achievements for PAHAL. During this year PAHAL continued its tradition of continuing and completing the projects already taken and taking new projects keeping in view its aims and objectives for better development of the society and its noble cause of humanity. To achieve its goals members of PAHAL (delegations) visited various governments, Non-governmental educational, academic and other institutions and met eminent personalities of local to international importance to discuss, present and materialize its projects and campaigns.

EXECUTIVE REPORT

Regular Executive Committee meeting general body meeting and the special meeting of PAHAL were held at the scheduled time and places. The several projects, campaigns and other activities launched, continued and completed by PAHAL are as under:-

1. In the month of April, 2000 all matters regarding accounts and finance of the year 2000-2001 (April 1,2000 to March 21, 2001) has been completed and got audited.
2. On April 7, 2000 PAHAL organized a talk on ' Heart care in Routine Life' by Dr. H.S.Bedi on the eve of World Health Day at D.A.V.Instt. of Physiotherapy.
3. On April 22, 2000 a tree plantation and environmental awareness camp was organised by PAHAL with Sh. Krishan Kumar S.D.M. Jalandhar-II as chief guest at Govt. High School, Maqsudan, Jalandhar. More than 100 plants were planted.

4. On May 13,2000 PAHAL organized a weed eradication camp at Vill. Hirapur Jalandhar along with Sh.Krishan Kumar S.D.M. Jalandhar-II as Chief Guest.

5. On May 15,2000 PAHAL celebrated International Family Day by organizing a talk on 'Heart Care In Routine Life' by Dr. H.S.Bedi at Bachat Bhawan Kapurthala along with Sh. S.S.Bains and other eminent personalities of the city.

6. On May 20, 2000 another weed eradication camp was organized by PAHAL at Vill. Lallian Kalan Jalandhar along with SDM Jalandhar-II Sh.Krishan Kumar.

7. On May 27, 2000 PAHAL organized a work camp (Shramdan Camp) at Maqsudan Nandanpur Road along with Chief Guest Sh. Krishan Kumar SDM Jalandhar-II.

8. On June 30, 2000 PAHAL celebrated 'World Environment Day' at Red Cross Bhawan Jalandhar by organising a talk on How to be Heart Smart by Dr. H.S.Bedi.

9. On June 30, 2000 PAHAL celebrated closing day ceremony of 'Summer Workshop' organizing by PAHAL during summer vacations for the Children of New Vivekanand Park, Maqsudan, Jalandhar.

10. On August 11, 2000 a tree plantation and environmental awareness camp was organised by PAHAL at Guru Arjan Dev Public School Kartarpur Distt. Jalandhar. 100 Plants were planted.

11. In the month of August 2000 PAHAL organized a tree plantation camp at Vill. Patara along with Chief Guest SDM Jalandhar-I Sh. Vinay Bhblani. More than 100 plants were planted in that area.

12. In the same month i.e August 2000 PAHAL organised tree plantation camps at S.D.College for women Jalandhar, H.M.V. College, Jalandhar, Vill. Nandanpur , Vill. Basesarpur, Naveen Abadi, Kendrya Vidyalaya-I Jalandhar Cantt, Vill. Kalra near Adampur and planted 150 plants, 35 plants, 200 Plants, 200 Plants,85 Plants, 100 Plants and 200 Plants respectively. 50 plants were also planted at Vill. Nanak Pindi, Jalandhar and 500 plants were given to Public School, Lambra for plantation.

13. In the series of tree plantation camps PAHAL organized another camp at St. Thomas School, Jalandhar and planted more than 100 plants on July 26, 2000.

14. On August 27, 2000 PAHAL organized another tree plantation and environmental awareness camp at vill. Mallian near Kartarpur, distt. Jalandhar and more than 1500 plants were planted in this camp along with S.D.M. Jalandhar-II Sh. Krishan Kumar.

15. On July 29, 2000 another tree plantation camp was organized by PAHAL at Navab Jassa Singh Ahluwalia College, Kartarpur, Distt. Jalandhar. More than 150 plants were planted in this camp.

16. On September 2, 2000 PAHAL organized 'State Level Workshop of CAPART Schemes' the first of its kind in Punjab at Hotel Sekhon Grand, Jalandhar. NGOs from all over Punjab participated in this workshop.

17. On September 23, ;2000 PAHAL organized another tree plantation camp at Village Nandanpur, Jalandhar and planted more than 200 trees.

18. PAHAL organized 'Gram Shri Mela Punjab-2000' the first of its kind in Punjab at Desh Bhagat Yaadgar Hall, Jalandhar from November 4,2000 to November 12,2000 in collaboration with council for advancement of peoples action and Rural Technology things more than worth Rs. 50,00,000/- were sold by NGOs from all over India who participated in the Mela.

19. On December 1, 2000 PAHAL organized a blood donation camp at D.A.V. college, Jalandhar 64 units of blood were donated by the students and teachers in this camp.
20. On December 13, 2000 PAHAL organized 'Wet Land Conservation Seminar' at D.A.V. Jalandhar. Other than members of PAHAL and staff of College 150 students also participated in the seminar.
21. On January 6, 2001 PAHAL honored S. Surinder Singh Sangha. Deputy Principal City College Birmingham at Guru Nanak Dev Distt. Library Jalandhar. S. Ajit Singh Kohar State Minister for jails graced the function as Chief Guest.
22. On January 18, 2001 PAHAL in collaboration with Punjab State Council of Science and Technology organized a workshop on the topic 'Biodiversity Conservation' at Guru Nanak Dev Distt. Library Jalandhar.
23. On February 2, 2001 an educational tour was organised by PAHAL on 'World Wet Land Day' to Harikey Pattan. A quiz on Wet Land was also held at this time.
24. On March 5, 2001 tree plantation and environmental awareness camps were organized at Govt. Primary School Ucha Bet, Govt. Middle School Saiflabad and Gurudwara Khan Chhapori Sahib. In these camps more than 400 plants were planted.
25. On March 17, 2001 PAHAL organised tree plantation camps at village Goindwal and nearby villages. In these camps more than 900 plants were planted.
26. On March 24, 2001 a blood donation camp was organised in the memory of martyrdom of Shaheed Bhagat Singh at D.A.V. Instt. of Physiotherapy Jalandhar. 60 volunteers donated blood in this camp.

DETAILED REPORT

1. PAHAL completed all its matters concerning accounts and finance of the year 2000-2001 (April 1,2000 to March 31, 2001). A detailed financial report has been prepared by finance secretary of the organization Sh. Gurminder Singh and got it audited.

2. On April 7,2000 a talk by Dr. H.S.Bedi from Tagore Heart Care and Research Instt. on the topic 'Heart Care in Routine Life' was organised by 'PAHAL' on the eve of 'World Health Day' at D.A.V. Instt. of Physiotherapy Jalandhar. Dr. H.S.Bedi gave valuable knowledge; and precautions for heart care in day to day life. Dr. H.S. Bedi answered various valuable questions raised by the students of the Instt. concerning the topic. In his talk Dr. Bedi pointed out that Heart disease would be the cause of one third total deaths in the world by the year 2010. A health quiz was also organized for the students of the instt. The prizes were given away by Ms. Sarojni Gautam Sharda, Deputy Director Land Records Punjab and Sh. Krishan Kumar S.D.M. Jalandhar-II.

3. On April 23, 2000 PAHAL celebrated Van-Mahotsva at Govt. High School Maqsudan, Jalandhar. Sh. Krishan Kumar S.D.M. Jalandhar-II was chief Guest on this function. He spent three hours in planting the trees in the school premises. More than 100 plants were planted in this function. After plantation president PAHAL Prof. Lakhbir Singh addressed the students and staff of school and made them aware of safe environment. Sh. Krishan Kumar SDM Jalandhar-II, Principal Smt. Ramesh Kumari were among the others to address the gathering. At the end of the function free note books were distributed among the poor students of the school by Sh.Krishan Kumar and he motivated them to work hard in studies in the future.

4. On May 13, 2000 a weed eradication camp was organised by PAHAL at large scale at village Hirapur, Jalandhar. To uproot parthenium, comunly known as congress grass about 200 students from local school and residents of the area participated in the drive initiated by PAHAL. Before launching the drive president PAHAL Prof. Lakhbir Singh gave a full lecture regarding drastic affects of pantheism to gathering. All the members of PAHAL, students and residents of the area worked in the

camp with full interest and enthusiasm. Chief Guest on this occasion Sh. Krishan Kumar himself worked in the camp. Total weed from the area was removed in a short span of time with the participation of local residents.

5. On May 15, 2000 'International Family Day' was celebrated by PAHAL by organizing a talk on 'Heart Care in Routine Life' by Dr. H.S.Bedi cardiac surgeon from Tagore Heart Care and Research Instt. Jalandhar at Bhachat Bhawan, Kapurthala. Dr. H.S. Bedi informed the gathering from the city regarding various tips and habits to make once heart a smart one. President PAHAL Prof. Lakhbir Singh talked about aims, objectives and various activities of PAHAL being done for the better development of the society. one this function ;Sh. V.K. Singh D.C.Kapurthala, C.M.O.; Dr. A.S. Sandhu, A.D.C. Sh.S.S. Bains and other eminent personalities of the city were present to grace the function. At the end of the function token of thanks were given by PAHAL in the form of momento to Dr. H.S.Bedi and other dignitaries present.

6. On May 20,2000 PAHAL organized another weed eradication camp at vill. Lallian Kalan under its 'weed eradication' campaign. In this camp school children, teachers, panches, sarpanch and other honourable persons of the vill. participated along with chief guest Sh. Krishan Kumar S.D.M. Jalandhar-II with keen interest and enthusiasm. Total pantheism-weed i.e. congress grass was removed with the common effort of all the persons present there for the cause. Sweets were distributed after the camp among the children . In the views of SDM Jalandhar-II Sh.Krishan Kumar the camp was a great success to the cause for which it was organised by PAHAL.

7. On May 27,2000 a work camp (Shramdan Camp) was organised by PAHAL at Maqsudan, Nandanpur Road, Jalandhar. In this camp almost 60 young persons and some residents of local area participated to maintain the beauty of the area along with chief guest Sh.Krishan Kumar S.D.M. Jalandhar-II. President PAHAL Prof.Lakhbir Singh motivated the participants to work hard for the better development of the society and hence our country with starting from once home.

8. On June 5,2000 PAHAL celebrated 'World Environment Day' at Red Cross Bhawan Jalandhar by organizing a talk on 'Environmental Imbalance and

Heart Care'. Prof. Lakhbir Singh President PAHAL shared his valuable views regarding environmental imbalance and urged the selected gathering from the city to make it safe and balanced. In another very useful talk on 'Heart Care' Dr. H.S.Bedi talked about various aspects of maintaining heart a healthy and smart one. He also elaborated various risk factors involved in the heart diseases and the preventive measures for the cardiac ailments. Deputy Commissioner Sh.Som Parkash was Chief Guest on the occasion. Sh. Parveen Kumar ADC Jalandhar, Sh. Krishan Kumar SDM Jalandhar-II, Sh. Vinay Bublani SDM Jalandhar-I and other eminent personalities from all quarters of the society were present to grace the function.

9. On June 30, 2000 PAHAL organised 'Tim Tim Tare' the closing ceremony of ' Summer Workshop' held during the summer vacation of June at New Vivekanand Park, Maqsudan, Jalandhar. In this function tiny-tots exhibited their art and skills, they learned during the summer workshop from members of PAHAL. They left the gathering amazed by their very fine performance in the function. Folk-songs, poems, mono-acting, dances and paintings were exhibited in the function. President PAHAL Prof. Lakhbir Singh talked about various activities of PAHAL for the society and better care of the children in the families and society. Sh. Krishan Kumar SDM Jalandhar -II was Chief Guest on this function.
10. On August 11, 2000 a tree plantation and environmental awareness camp was organised by PAHAL at Guru Arjan Dev Public School, Kartarpur, Jalandhar. Other than members of PAHAL students, teachers and members of managing committee of the school participated in the camp. More than 200 plants were planted in the premises of the school. Addressing the gathering president PAHAL Prof. Lakhbir Singh stressed on maximum plantation to stop environmental imbalance. Principal Janta College, Kartarpur Sh. R.S.Shailly, Principal J.S. Chandel and other eminent members of the locality were present at this occasion.
11. In the month of August 2000 PAHAL launched its environmental campaign 'Plant Trees Save Earth' Under this campaign a tree plantation camp at village Patara was organised sh. Vinay Bublani SDM Jalandhar-I was there at this occasion to grace the function as Chief Guest President PAHAL made local people aware of the facts regarding environmental

imbalance and safe environment. More than 100 saplings were planted in the area.

12. Under the campaign 'Plant Trees save Earth' PAHAL organized a number of tree plantation and environmental awareness camps in the month of August 2000 at various places keeping in view the best season for plantation PAHAL fixed a target of 15,000 plantation for this year and it got achieved by these camps which went on throughout the year. PAHAL organised tree plantation camps at S.D.College for women, Jalandhar. H.M.V. College, Jalandhar, Vill. Nandanpur, Vill.; Basesarpur, Naveen Abadi, Kendrya Vidialya-I, Jalandhar Cantt.,Vill. Kalra near Adampur with 150,35,200,200,85,100 and 200 plantations respectively. Other than these PAHAL planted 50 plants at vill. Nanak Pindi and 500 plants were given to Public School Lambra for plantation. In this way PAHAL worked with immense force and keen interest to make its campaign 'Plant Trees Save Earth' a big success.

13. Another tree plantation camp was organised by PAHAL at St. Thomas Public School Jalandhar on July 26,2000. Excise and Taxation commissioner Sh. Kamaljit Singh was there to grace the function as Chief guest. President PAHAL Prof. Lakhbir Singh presided over the function. More than 100 plants were planted at the premises of the School. PAHAL honored Sh. Kamaljit Singh Excise and Taxation Commissioner by giving him token of thanks in the form of a memento of PAHAL.

14. On August 27,2000 PAHAL organized another big tree plantation and environmental awareness camp at vill.Mallian near Kartarpur, Jalandhar. In this camp more than 1500 plants of Neem,Peepal, Kikar, Gulmohar, Equiliptus and other various types of plants were planted with the help of members of PAHAL and residents of the locality. Chief Guest Sh. Krishan Kumar SDM Jalandhar-II himself planted trees by spending more than three hours in sharp sun. Prof. Lakhbir Singh president PAHAL gave knowledge regarding benefits of trees and safety of environment to the gathering.

15. To make its campaign 'Plant Trees Save Earth' successful one PAHAL on July 29,2000 organised another tree plantation camp at Navab Jassa Singh Ahluwalia College, Kapurthala. Chief Guest Sh. V.K.Singh Deputy Commissioner Kapurthala addressed the gathering and stressed on the survival of plants rather than giving photographs in the press. Prof. J.A.Aujla, Dr. Gurvachan Singh Thind, Journalists and other eminent personalities and officers of the city were present in the function to make it grace. More than 150 plants were planted in the premises of the college.

16. On September 2,2000 PAHAL organised a 'State Level Workshop of CAPART Schemes' the first of its kind in the state of Punjab. NGOs from all over the Punjab were invited to attend the workshop. More than 100 delegates from approximately 60 NGOs participated in the workshop. This workshop was organised in collaboration with council for Advancement of peoples action and Rural Technology (CAPART) an organization of Government of India. Deputy commissioner Jalandhar Sh.K.Shiva Prasad inaugurated the workshop. In inaugural session of the workshop Prof. Lakhbir Singh President PAHAL welcomed the guests and talked about PAHAL and its activities. Dr. Arun Sood from CAPART detailed everything regarding CAPART Schemes for rural development to the delegates. He answered various valuable questions and queries as raised by the delegates. Sh. K.Shiva Prasad Deputy Commissioner Jalandhar. Sh. Parveen Kumar ADC Jalandhar. Sh. Rajneesh Arora Placement officer G.N.D.U. and Mr.Manu Parkash Jindal were among the other personalities who addressed the house and talked about CAPART and its importance in villages specially in Punjab.

17. On September 23, 2000 PAHAL organised another tree plantation camp at village Nandanpur, Jalandhar. In this camp Chief Guest S. Darbara Singh Tehsildar Jalandhar-I participated and planted trees along with the members of PAHAL, children and residents of the village. Prof. Lakhbir Singh president PAHAL enlightened the people regarding safe environment. More than 100 plants of Neem, Gulmohar, Equiliptus and Arjan were planted in the area.

18. PAHAL organized 'Gram Shri Mela Punjab-2000' the first of its kind in the state of Punjab at Desh Bhagat Yadgar Hall, Jalandhar. This prominent

mela was organised by PAHAL in association with Council for Advancement of peoples Action and Rural Technology (CAPART) from November 4, 2000 to November 12, 2000. S. Ajit Singh Kohar State Minister for Jails Punjab was the Chief Guest. On the inaugural day of the Mela he pointed out that these types of fairs develop the mutual brotherhood and national integrity amount the people of various states of the country. Cultural programs were also arranged on this inaugural day function. More than 55 stalls of handicraft and other items of art were arranged for exhibition and sale by various NGOs out of 170 invited from all over India. The total system of the arrangements in the mela was giving the glimpseis of the Mini India. It also showed the sense of unity in diversity. The various items on the stall included handicraft, food items, handloom, glass items, Jute items and many many more of daily use and decoration . Chief Guest S. Ajit Singh Kohar was given a token of thanks by PAHAL in the form of a memento. The mela went through various ups and downs during its course but it ended in a well defined manner with sale of things worth more than Rs. 50,00,000 at an approximate total.

19. The objective of the Mela was to popularise the rural handicraft among the urban population. On November 12,200 various cultural activities were organized by PAHAL to inspire the youth for self-employment. This was an unmatched effort by PAHAL for organising such Mela and the authorities promised to continue with their efforts for the promotion of rural handicraft. Director Local bodies Punjab Sh. J.B.Goyal, Principal S.D.College for women, Sh. Sarvesh Tejasv from Haryana and other eminent personalities and dignitaries from Punjab were there in the closing ceremony function to make it more graceful.

20. On October 1,2000 PAHAL organised a blood donation camp at D.A.V.College Jalandhar ADC Jalandhar Sh. Parveen Kumar was chief guest on this function. Students and teachers of the college participated along with the members of PAHAL in this camp 64 units of blood were donated in the camp.

21. On December 13,2000 PAHAL organised 'Wet Land Conservation Seminar' at D.A.V.College Jalandhar. Dr. Satnam Singh Senior Scientific Office-Punjab State Council of Science and Technology was there to deliver key note address. Various questions from the gathering were

responded in a delighted manner from Dr. Satnam Singh. Prof. Lakhbir Singh talked about the increasing imbalance of environment and species. Principal D.A.V.College, Jalandhar Sh. Subhash Kumar was there to grace the function.

22. On January 6, 2001 PAHAL honored S. Surinder Singh Sangha Deputy Principal City College Birmingham at a function organised at Guru Nanak Dev Distt. Library Jalandhar. Chief Guest S. Ajit Singh Kohar State Minister for Jails Punjab was there to grace the function. S. Surinder Singh Sangha and Chief Guest S. Ajit Singh Kohar appreciated PAHAL for its various developmental and social activities.

23. On January 18,2001 PAHAL organized a workshop on 'Biodiversity Conservation'. This workshop was organised by PAHAL in association with Punjab state council of Science and Technology at Guru Nanak Dev Distt. Library Jalandhar NGOs from Jalandhar, Kapurthala and Amritsar delegates from educational institutions and farmers participated in this workshop. Prof. Lakhbir Singh president PAHAL and Sh. Chander Parkash from PSCST Chandigarh both enlightened the gathering on the concerned topic. Various questions and queries were answered in a delighted manner by the speakers. A number of dignitaries and eminent personalities were there to grace the function.

24. On February 2, 2001 PAHAL ;organised an Educational Tour on 'World Wet Land Day' to Harike Pattan. 50 students from education college and medical college participated in the unique tour and quiz competition held thereon. The tour was assisted by Punjab State council of Science and Technology Dr. Satnam Singh Ladhar a senior scientist doing research on Harike Wetland attended the tour and quiz on 'Wet Land Conservation'. D.A.V. Instt. of Physiotherapy won the first prize in the quiz with its winner Ms. Manju, Dr. Umesh Shukla, Dr. Inderbir Singh, Kamaldeep Singh and other eminent personalities helped to organise the program and to make it a big success.

25. In the series of tree plantation camps PAHAL organized a tree plantation and environmental awareness camps at various places on March 5,2001.

The camps were organised at Govt. Primery School Ucha Bet, Govt. Middle School Saiflabad and Gurudwara Khan Chhapori Sahib. More than 400 plants of various types were planted at these places on the same day.

26. On March 17,2001 PAHAL organised other tree plantation camps at village Goindwal and nearby villages to complete its committed target of 15000 plantations. PAHAL planted more than 900 plants on the same day at these places with the help of local residents of the areas.

27. On March 24,2001 a blood donation camp was organised by PAHAL. This camp was organized in the memory of Martyrdom Day of Shaheed Bhagat Singh at D.A.V. Instt. of Physiotherapy. Sh. Ved Vias senior Regional Manager Punjab National Bank was there to grace the function as chief guest. Students and teachers from the college and officials of the bank donated blood on this occasion. A total of 60 units of blood were donated in the camp. Prof. Lakhbir Singh President PAHAL appealed to the students to come forward for the better development of the society through personality development by joining hands with PAHAL.