

## **ANNUAL REPORT OF PAHAL 2002-2003**

### **36 NEW VIVEKANAND PARK, MAQSUDAN, JALANDHAR – 1344008 (PUNJAB) INDIA**

PAHAL completed six year of their age while marching towards goal of integrated personality development of youth through works of community development and now is in seventh year. Keeping their tradition alive and maintaining their spirit in service to humanity PAHAL made the year 2002-2003 full of activities and achievements. As usual PAHAL continued completing their project already started and started so many new project and campaigns keeping in vie its maims and objectives for better development of the society and its very noble cause for humanity. To achieve their goals and make its tradition alive members of PAHAL (delegations) managed the association of various governments, non-governmental educational, academic and other institutions to discuss, plans and materialize its new projects and campaigns.

#### **Executive Report**

Executive committee meetings, General body meetings, Annual meeting and other special meetings of PAHAL were regularly held according to the scheduled time and place. The work of PAHAL in the form of various projects, campaigns and other activities launched, continued and completed during this year is as follows:

1. In the month of April all the financial matters for the year 2002-2003 (April 1 2002 to March 31, 2003 ) were completed and the accounts were get audited.
2. On April 7, 2002, PAHAL organized a seminar on drug-de-addiction on the topic of “Nashay Bimar Samaj Da Lachhan” at village Fattu-Dhinga, Distt. Kapurthalal with Sh. V.K. Singh IAS Deputy Commissioner as chief guest.
3. On April 13, 2002 PAHAL organized “Night of Plays at Shanti Vihar Park, maqsudan, Jalandhar. Plays ‘Iss Garab be chalay bahut’ & ‘Mittee Rudan Karay’ were staged at this event.

4. On April 22, 2002 a Blood donation camp was organized by PAHAL at Mehar Chand Technical Institute of Art and Craft with Sh. S.S. Bains ADC (D) Jalandhar as Chief guest and 25 units of blood donated by donors.
5. On April 30, 2002 PAHAL organized a Blood Donation cum Awareness camp at R.E.C. Jalandhar in collaboration with the NSS unit of college, Sh. S.S. Bains ADC (D) Jalandhar was there as chief guest and 77 units of blood were donated.
6. On May 6, 2002 PAHAL organized drug-de-addiction awareness public meeting at village Khanpur distt. Kapurthala.
7. On May 15, 2002 PAHAL observed 'Inter National Family Day' by organizing Social Awareness Program at Village Chkhiara and Churial of Block Adampur, Distt. Jal.
8. On May 20, 2002 PAHAL organized a 'Medical Checkup cum Free Medicine Distribution camp' at village Fattu DHINGA Kapurthala with Mr. Balbir Singh as Chief guest. More than 350 patients were checked up in this camp.
9. On May 23, 2002, a delegation of PAHAL led by President PAHAL Prof. Lakhbir Singh met D.C. of Kapurthala Sh. Rakesh Kumar Verma IAS regarding various problems of the rural areas.
10. PAHAL in collaboration with P.T.U. Ladowali Raod, Jalandhar and C.I.I.L. Mysore organized a ten day workshop on 'Punjabi Spell Checker' from April 10 to April 20, 2003 with Dr. Ranjit Singh Rangeela from CIIL Mysore as key resource person.
11. On August 8, 2002 PAHAL organized a Blood Donation camp at DAV College Jalandhar in collaboration with youth club of DAV college and civil hospital Jalandhar. 41 units of blood were donated in this camp.
12. On August 11, 2002 PAHAL organized a drug de-addiction seminar on the topic "Nashay Bimar Samaj Da Lachhan" at Govt. High School Fattu DHINGA, Kapurthala in collaboration with Punjab Police.
13. On August 17, 2002 PAHAL organized Tree Plantation Camp cum Environmental Awareness Program at Govt. Sr. Sec. School Khiva village Khiva, Jalandhar in which more than 100 plants were planted.

14. 14. On August 20, 2002 another tree plantation cum ecological awareness Program was organized by PAHAL at S.D. College for Women Sultanpur Lodhi Kapurthala in which more than 500 sapling were planted.
15. On September 8, 2002 PAHAL observed 'International Literacy Day' by organizing and awareness programm at Govt. high School Maqsudan Jalandhar. In the presence of Sh. S. S. Bains ADC(D) Jalandhar PAHAL adopted ward No.1 and 2 for its literacy project.
16. On Sept. 10, 2002 PAHAL organized at Tree Plantation camp. Under its campaign 'Plant Tree Save Plants' at Govt. High School Patran, Jalandhar. In which more than 100 saplings of various various were planted.
17. PAHAL organized another Tree Plantation cum Ecological Awareness Program on Sept. 20, 2002 at Govt. Sr. Sec. School Talwandi Chowdrian Kapurthala, in which more than 200 plants were planted.
18. On October 20, 2002 PAHAL organized a 'World Blood Donation Day ' by organizing a mega blood donation camp at REC Jalandhar in which 125 units of blood donated .
19. On October 30, 2002 PAHAL organized a 'Tree Plantation cum Ecological Awareness Program' in collaboration with the Eco club of Govt. Sr. Sc. School Helar Jalandhar at Village Helar in which more than 125 sapling were planted .
20. Another tree plantation camp was organized by PAHAL on the same day i.e. October 30, 2002 at Govt. Sr. Sec. School Jalandhar in which more than 125 plants were planted.
21. On November 6, 2002 PAHAL organized a Blood Donation Camp in collaboration with Civil Hospital Jalandhar and NCC unit of Mehar Chand Polytechnic Jal. At M.C. Polytechnic Jal. 40 units of blood were donated in this camp.
22. On November 7, 2002 22 PAHAL organized an Educational Awareness Program at Govt. High School, Talwandi Bharow Jalandhar in which needy pupils were given helped by PAHAL

23. On November 11, 2002 PAHAL organized another drug-de-addiction seminar on the topic "Nashay Bimar Samaj Da Lachhan" at Village Bulpur Distt. Kapurthala association with youth club of Bulpur. Smt. Gurpreet Deo IPS SSP Kapurthala was there as chief guest on the occasion.
24. On November 15, 2002 PAHAL organized an awareness program at Shgun Palace Kapurthala in which more than 15 regular blood donors of the area were honored.
25. On November 25, 2002 PAHAL organized a declamation contest on environmental awareness at Guru Nanak Model High School Kathar with Prof. Lakhbir Singh President PAHAL as chief guest.
26. On November 25, 2002 PAHAL organized a Sharadan Camp for the development of Govt. Sr. Sec. School Fattu Dyinga Kapurthala with the help of local community.
27. On November 27, 2002 PAHAL organized a Blood Donation cum Blood Transfusion awareness program in collaboration with NSS unit of DAV College in which 80 units of blood were collected Principal Subash Sharma inaugurated and graced the function as chief guest.
28. On the same day. i.e. November 27, 2002 PAHAL organized a Blood Group checking camp at Govt. Collge, Kapurthala under the esteemed services of eminent Pahal Prof. Lakhbir Singh and Prof. Gurbaksh Singh Bhandal.
29. A School level mega sports fair was organized from Nov. 26 to Nov. 28, 2002 at village Kikkar Pind by Desh Bhagat Yadgar Committee in association with PAHAL
30. On December 1, 2002 PAHAL observed 'International Aids' by organizing a Seminar and awareness rally at village Fattu Dyinga Kapurthala in collaboration with health department Punjab.
31. On December 7, 2002 PAHAL observed AIDS awareness week at Doaba Khalsa Sr. Sec. School Ladowali Road, Jalandhar by organizing an awareness program for the staff and students of the school. President PAHAL Prof. Lakhbir Singh graced the occasion as chief guest.
32. On December 10, 2002 PAHAL observed 'World Human Rights Day' by organizing an awareness Program at mehar Chand Technical Institute of Art & Craft Jalandhar.

33. On December 12, 2002 PAHAL organized 'Child Development Awareness Program' at Govt. High School Lallian Kalan Jalandhar with President PAHAL Prof. Lakhbir Singh as chief guest.
34. On December 22, 2002 PAHAL organized a seminar on a Punjabi novel 'Kafir Maseeha' written by an NRI Punjabi witer Inder Singh Khamosh at Guru Nanak Dev Distt. Library, Jalandhar.
35. PAHAL organized NEW YEAR 2003 on Jan. 1, 2003 by organizing a cleanliness camp at Guru Nanak Dev Distt. Library Jalandhar showing its spirit of social and national development.
36. On January 12, 2003 PAHAL celebration 'National Youth Day' on the occasion of the birth anniversary of Swami Vivekanand at DAV College Auditorium jalandhar in association with Distt. Administration jalandhar in which Sh. S. Siva Prasad IAS DC jalandhar graced the occasion as chief guest.
37. On January 18, 2003 PAHAL organized an 'Educational Awareness Cum Help To Needy Student' Program at Govt. Elementary School Tajpur Distt. Kapurthala Mr. L.K. yadav IPS, SP city Headquarter Kapurthala was there as chief guest to grace the function.
38. On February 2, 2003 PAHAL organized an 'Educational cum Ecological Awareness Tour' to Wetlands Kanjlee and Hari Ke Pattan to celebrate 'International Wetland Day' Teachers & Students from different colleges along with members of PAHAL joined the tour. The tour financially assisted by PSCST Chandigarh.
39. PAHAL organized and 'Eye Checkup Camp' on Feb 26, 2003 at Village Gakhal with the help of S. Avtar Singh Gakhal, S. Anup Singh Gakhal S/O S. Harbhajan Singh Gakhal and S. Amolak Singh Gakhal.
40. On Feb 27, 2003 PAHAL organized a blood donation camp at Village Gakhal. In this more than 40 units of blood were donated.
41. On February 28, 2003 PAHAL organized an 'Environment Fair' at Village Gakhal in which as painting competition on environment awareness was organized S.R. Sandhu IAS Commissioner Jalandhar division was their as chief guest to grace the occasion.
42. On March 12, 2003 PAHAL organized a seminar on the book 'Suran Da Safar' written by. S. Kanwaljeet Singh Suri at Guru Nanak Dev Distt. Library Jal. In which eminent writtern by S. Kanwaljeet Singh Suri

at Gruu nanak Dev Distt. Library Jal. In which eminent writers and critics from the world of Punjabi literature participated from various parts of the Punjab.

43. On March 19,2003 PAHAL organized a Tree Plantation cum Environmental awareness camp at Village Basesrpur Distt. Jalandhar in which more than 150 plants were planted.
44. PAHAL celebration 'World Forest Day' on March 21, 2003 by organizing a Tree Plantation camp and Environment awareness program at DAV College grounds in associations with forest Department. More than 400 plants were planted in this camp.
45. On March 25, 2003 PAHAL observed the Martyrdom Day of Shaheed Bhagat Singh , Raj Guru and Sukhdev by organizing tree plantation camps and environmental awareness Program at Govt. Primary School Faridpur and Govt. Middle School Bhathe . More than 200 plants were planted on the occasion.

#### **HEADWISE DETAILED REPORT:**

#### **Environmental & Ecological Awareness**

As Environment and ecological awareness is a global concern and urgent need of the hour PAHAL in association with other governmental and non-governmental Institutions, managed to organize various tree camp (Van Mahotsva), training workshop, educational awareness tours, quizzes and competitions under its campaigns 'Plant Tree Save Earth' at various places.

1. On August 17, 2002 PAHAL organized Tree Plantation Cap cum Environmental Awareness Program at Govt. Sr. Sec. School Khiva Village Kheeva Jalandhar. Prof. Lakhbir Singh President PAHAL was there as chief guest to grace the function. More than 100 plants were planted with the help of students of the school in association with principal Sh. Kamal and his staff. Plants were divided amongst the students of 11<sup>th</sup> and 12<sup>th</sup> to be taken proper care. On this occasion Prof. Lakhbir Singh addressed the gathering and delivered a comprehensive lecture on sustainable development, car of surroundings and ecological balance . He also awakened the students regarding drastic effects of deforestation and increasing pollution.

2. On August 20, 2002 PAHAL organized a 'Mega Tree Plantation Camp cum Environmental Awareness Program' under its campaign 'Plant Tree Save Earth' in collaboration with S.D. College for Women Sultanpur Lodhi, Kapurthala at college premises. Sh. Tarlochan Singh SDM Sapurthal was there as chief guest to grace the function and Sh. Rakesh Dhall President Snatam Dhram Sabha Presided over the function. Prof. Lakhbir Singh, While addressing, emphasized on the conservation and protection. Prof. Lakhbir Singh, while addressing emphasized on the conservation and protection of natural environment and top reduce pollution at any cost More then 500 saplings were planted on this special 'Van Mahotsava'.
3. On Sept. 10, 2002 PAHAL organized another tree plantation camp at Govt High. School Ptara Jalandhar in association with the school. While addressing the students and staff of the school Prof. Lakhbir Singh enlightened the gathering regarding the importance of trees and other eminent and sstantial aspects of ecology and environment He was also school appreciated the activities of PAHAL and gave vote of the thanks. Head Master of the school appreciated the activities of PAHAL and gave vote of thanks of the occasion.
4. On September 20, 2002 PAHAL organized anther 'Tree Plantation Camp cum Ecological Awareness Program ' at Govt. Sr. Sec. School Talwandi chowdhrian under its environment campign 'Plant Tree Save Earth' Prof. Lakhbir Singh while delivering a lecture on the ecological 'Plant Tree Save Earth' Prof. Lakhbir Singh while delivering a lecture on the ecological balance and environment said that increase in the population have caused drastic effects on the balance of natural environment said that increase in the population have caused drastic effects on the balance of natural environment and only trees and more trees can save us from this problem . Mr. Subash Kumar Forest Range Officer Principal Rajwnat Singh ad other eminent citizens and members of PAHAL were present on the occasion whre more than 150 plants were planted.
5. On October 30, 2002 PAHAL organized another 'Van Mahotsva' at Govt. Sr,. Sec. School Helar Jalandhar. More than 150 plants were planted on this occasion Prof. Lakhbir Singh emphasized strongly on the importance of natural environment and insatiability of human life on the earth. He also appealed the gathering to plant more and more trees.

6. On the same day, i.e. October 30, 2002 PAHAL celebration 'Van Mahotsva' and organized under its campaign 'Plant Trees Save Earth' at Govt. Sr. Sec. School Gakhla Village Gakhla Jalandhar in collaboration with the school staff and local community While addressing the gathering there Prof. Lakhbir Singh said that due to increase in population and pollution and decrease in the of forest the ecological balance of nature was being Disturbed He also emphasized on various importance and necessary aspects of environment concern and appeal the gathering to come forward and join hand with PAHAL in its activities towards sustainable social development . S. Anup Singh Gakhla NRI addressed the village gathering and wished for greener Punjab. He also donated an amount of Rs. 10,000/- to PAHAL. While addressing the gathering Sh. Hans Raj Principal of the School appreciated the work done by PAHAL and wished the organization a treat success in its mission . More than 125 plants of local people.
  
7. On November 25, 2002 PAHAL organized an 'Environment Awareness Declamation Contest' at Guru Nanak Model high School Khatur Jalandhar. While addressing the gathering there Prof. Lakhbir Singh said that instead of making environment as whole as subject for declamation the various important aspects of making environment as whole as subject for declamation the various importance aspects of environment should be taken into consideration so that people may take benefit out of them He also emphasized on conservation and care of animals and birds, ecological balance and nature conservation. This Program was organized with the help and motivation of Sh. Hari Singhan active and dedicated member of PAHAL . Participants of the contest were honored by PAHAL with certificate member of PAHAL. Participated of the contest were honored by PAHAL with certificate & mementos. Principal Manjit Singh appreciated the activities of PAHAL and said worlds oif thanks for the members of PAHAL for organizing the function in the school.
  
8. On February 2, 2003 PAHAL celebration 'International Wetland Day' by organizing an Educational tour to international wetlands KANJLEE and HARIKE. More than 65 students and teachers incharge 9 colleges of Jalandhar participated in this unique tour. A quiz competition was held there on . Punjab State Council of Science and Technology Chandigarh was held there on. Punjab Council of Science and participants were given basis information regarding wetlands, their need and importance for ecological balance of nature.; Dr. Gurbaksh Singh Bhandal, Prof. Lakhbir Singh , Sr. Sandeep Bhole, Mr. Mahesh Kumar and S.Kuldeep Singh Wasdia addressed the students in a small function Mr. Mahesh Kumar conducted a quiz on wetlands and their importance in a delightful manner at Harike Pattan. Here Prof. Lakhbir Singh addressed the students and enlightened them regarding the need and



importance of water and wetlands and conservation and protection of these wetlands. Mr. Jagdeep Singh S.D.O. Wild Life Department distributed prizes. In the competition Lovely Institute of Management & Technology bagged the top position, Dayanand Ayurvedi College, Jalandhar. Go the second and Ramgarhia Collge of Education secured the third position. In the individual category Ms. Gaitery from Ramgaria Collge Phagwara, Mr. Ramandeep from HMV Collge Jal. And Mr. Kusum Arora from MGN College of Education Jal won first, second and third prizes respectively. Mr. Deepak from Lovely Inst. Of Mangt. & Tech. was given the consolation prize and Mr. Geetiak was given the award of best participant of the tour.

9. On March 14, 2003 PAHAL organized a Tree Plantation camp at Baserur Jalandhar. While addressing the local gathering Prof. Lakhbir Singh appealed them to plant and save the plants. He also enlightened them regarding them regarding various aspects and necessary needs of ecology and environment . NRI S. Harbhajan Singh Gakhal ensured PAHAL that he will try this maximum to make Punjab green. On the same day 150 plants were given to HMV Collge Jalandhar.
10. On March 21, 2003 PAHAL celebrated 'World Forest Day' by organizing a mega tree plantation camp DAV College playgrounds Jalandhar in collaboration with Forest Deptt. Jalandhar and DAV Collge Jalandhar. More than 400 plants fo Sheesham, Bhera, Neem, Jamun, Keshia etc were planted. On this occasion NRI S. Harbhajan Singh from UK said that students should come forward and render their services for the conservation and protection of forest. UK resident S. Santokh Singh said that teachers and parents can show the right way to the young generation for the national development. Prof. Lakhbir Singh enlightened the gathering regarding the parent status of forestation in Punjab and regarding the important and necessary aspects of ecological system. Eminent educationists and other pro prominent citizens of the city were also present on the occasion to make it a grand plantation camp.
11. On March 25,2003 PAHAL organized 2 plantation camps cum environmental awareness programs at Govt. Primary School Faridpur and Govt. Middle School Bhulthe to mark the martyrdom day of Shaheed-e-asm Bhagat Singh, Raj Gure and Sukhdev. Sh. Mahesh Kumar imformed the gathering in his address that then PAHAL had planted more then 80,000 plants. Prof. Lakhbir Singh awakened the gathering regarding the need and importance of trees. Mr. Ashok Khurana also addressed the gathering at this function. More than 150 saplings were planted at both the school.

## HEALTH & FAMILY WELFARE

PAHAL organized a number of seminars, presentations and talks in this very important field of health and family welfare awareness. PAHAL dreams to have a physically, mentally and emotionally healthy society. In this year PAHAL did the following work:

1. On April 7, 2002 PAHAL organized a seminar on drug-de-addiction on the topic of “Nashay Bimar Samaj Da Lachhan” at village Fattu-Dhinga, Distt. Kapurthala with Sh. V.K. Singh IAS Deputy Commissioner as chief guest . Sh. Iqbal Singh SSP Kapurthala presided over the function. On this occasion Mr. V.K. Singh said that materialistic interest had made his condition miserable and day by day society is deterioration. Mr. S.S. Bains ADC considered drugs a curse for the society and he appreciated the efforts of PAHAL. Prof. Lakhbir Singh also addressed there and said that society should come forward in this field and help the youth.
2. On May 6, 2002 PAHAL organized drug-de-addiction awareness public meeting at village Khanpur Distt. Kapurthala.
3. On May 15, 2002 PAHAL observed ‘Inter National Family Day’ organizing Social Awareness Program at Village Chukhiara and Ghurial of Block Adampur, Distt. Jal. Prof. Lakhbir Singh addressed women of the village on this occasion and said that joint families are breaking up and this is the reason behind the coming up of single families Children from such families are less patient and getting less attention that is why they are becoming victim of drugs and diseases like aids.
4. On May 20, 2002 PAHAL organized a ‘ Medical Checkup cum free Medicine Distribution Camp’ at village Fattu Dhinga Kapurthala with Mr. Balbir Singh as chief guest. Mr. Laxman Singh Naid Tehsildar was the special guest on this occasion. More than 3250 patients were checked up in this camp. On this occasion Mr. Balbir Singh said that people are getting very good medical facilities in foreign countries but here in India we lack behind and on same occasion Prof. Lakhbir Singh emphasized the need of the govt. medical facilities especially in rural areas. In the camp many schools were also invited in the camp for providing the help.

5. On August 11, 2002 PAHAL organized a drug de-addiction seminar on the topic “Nashay Bihar Samaj Da Lachhan” at Govt. High School Fattu DHINGA, Kapurthala in collaboration with Punjab Police. Mr. Satish Kumar was the chief guest on the occasion Prof. Lakhbir Singh presided over the meeting Dr. Kuldip Singh MO said that we can get rid of drugs in this modern age as medical facilities are improving Principal Mahinder Kaur also addressed the students and told them to be careful about their health.
6. On November 11, 2002 PAHAL organized another drug-de-addiction seminar on the topic “Nashay Bihar Samaj Da Lachhan” at Village Bulpur Distt. Kapurthala in association with youth club of Bulpur. Smt. Gurpreet Deo IPS, SSP Kapurthala was there as chief guest on the occasion and Dr. Upinder Jit Kaur presided over the function S. Raghbir Singh Bains, Dr Manjit Singh Saini and Prof. Lakhbir Singh specially participated in the seminar. Mr. Joga Singh Atwal gave information that this seminar has made youth of the area very alert and they are determined to do something for the society. Dr. Upinder Jit Kaur encouraged the activities of the PAHAL and granted amount of Rs. 50,000/- for the youth club. Bulpur.
7. On December 1, 2002 PAHAL observed ‘International Aids Day’ by organizing a Seminar and awareness rally at village Fattu DHINGA Kapurthala in collaboration with health department Punjab. Baba Gurdip Singh was the chief guest on this occasion. He also addressed the rally and flagged it off. Prof. Sarabjit Singh said that this disease is spreading very fast and he suggested that medically we should be alert from such a dangerous disease.
8. On December 7, 2002 PAHAL organized observed AIDS awareness week at Doaba Khalsa Sr. Sec. Ladowali Road, Jalandhar by organizing an awareness Program for the staff and students of the school. President PAHAL Prof. Lakhbir Singh graced the occasion as chief guest. ON this occasion he said that HIV, AIDS & TB are the three most dangerous diseases which should be treated with utmost care. Principal Sukhwinder Pal Kaur praised the activities of PAHAL.
9. On December 12, 2002 PAHAL organized ‘Child Development Awareness Program’ at Govt. High School, Lallian Kalan Jalandhar with President PAHAL. Prof. Lakhbir Singh as chief guest and he said to the students that greed of money has misguided our children and they are going on the Path of destruction. Moreover hotels, internet cafes. Telephone cabins near schools have made an adverse impact on the growth of the children.

## **BLOOD DONATION & BLOOD TRANFUSION**

1. On April 22,2002 a Blood donation camp was organized by PAHAL at Mehar Chand Technical Institute of Art and Craft with Sh. S.S. Bains ADC (D) Jalandhar as Chief guest. He said that there is no donation in the world to match blood donation as it give life and also expressed concern with fellow beings. Mr. Vijay Kumar Principal DMS as the guest of honor said that blood donation created commitment in donors, along with feeling of the goodness. On this occasion 25 units of blood were donated by donors.
2. On April 30, 2002 PAHAL organized a Blood Donation cum Awareness camp at R.E.C. Jalandhar in collaboration with the NSS unit of college. Sh. S.S. Baisn AD (D) Jalandhar was there as chief guest. While addressing the students he said that students are the base of the development of any nation. They should provide some of there valuable time to the society. On this occasion Dr. Mrinalini District Blood Donation Officer Said that any who is above 18 can donate blood every there months and there is no side effect on this donation. Prof. Lakhbir Singh told that the PAHAL has collected 2300 units in different blood donation camps. 77 units of blood were donated on this occasion.
3. On August 8, 2002 PAHAL organized a Blood Donation camp at DAV College Jalandhar in collaboration with youth club of DAV College and Civil Hospital Jalandhar. Before the start of the camp an informative seminar was organized. DAV College Principal Mr. Subash Kumar was the chief guest and Mr. Vijay Kumar Principal DMS came specially to attend the camp. Principal Mr. Subash Kumar appreciated the efforts of PAHAL and encourage students to donate more and more blood so that they can help needy persons 41 units of blood donated in this camp.
4. On October 1, 2002 PAHAL celebrated 'World Blood Donation Day' by organizing a mega blood Donation Day' by organizing a mega blood donation camp at REC Jalandhar in which more than 100 units of blood was donated . On this occasion Prof. Lakhbir Singh informed the students that only in Punjab about 2,00,000 units of blood are needed for operation and to meet other

emergencies. Principal R. Sharma encouraged the donors and asked more students to donate. Dr. Jagdish Kaur Vice Principal PAHAL inaugurated the camp by donating blood.

5. On November 6, 2002 PAHAL organized a Blood Donation Camp in collaboration with Civil Hospital Jalandhar and NCC unit of Mehar Chand Polytechnic Jal. At M.C. Polytechnic Jal. On this occasion Mr. S.S. Bains ADC and Lt. Col. Bal Commanding Officer NCC – II Punjab Battalion were the guest of honor on the occasion. Prof. Lakhbir Singh President PAHAL said that blood donation is the need of the hour. 40 units of blood were donated in this camp.
6. On November 27, 2002 PAHAL organized a Blood Donation cum Blood Transfusion awareness Program in collaboration with NSS unit of DAV College in which 80 units of blood were collected. Principal Subash Sharma inaugurated and graced the function as chief guest. Prof. Lakhbir Singh President PAHAL encouraged the students to come forward to donate more and more blood. On this occasion NSS volunteers Pawan Sharma and Kamal Kishore contributed a lot.
7. On the same day. i.e. November 27, 2002 PAHAL organized a Blood Group checking camp at Govt. College Kapurthala, Under the steemed guidance of eminent Prof. Sarbjeet Singh and Prof. Gurbaksh Singh Bhandal more than 400 students had got their blood group tested and 40 students donated blood. Principal S.L. Jain considered blood donation as the highest donation.
8. On Feb 27, 2002 PAHAL organized a blood donation camp at Village Gakhal. In this camp more than 40 units of blood were donated by villagers and PAHAL members.

### **HUMAN RIGHTS & CHILD RIGHTS**

1. On December 10, 2002 PAHAL observed 'World Human Rights Day' by organizing an awareness Program at Mehar Chand Technical Institute of Art and Craft Jalandhar. Prof. Lakhbir Singh told that human rights are based on human duties. He added that 1995-2004 had been declared as Human Rights Era by United Nation. Principal Dr. Modi encouraged the role of NGOs by saying that their role is great in providing information to the society about their duties and rights. Prof. Lakhbir Singh was honored with a memento.

### **EDUCATION CUM LITERARY ACTIVITIES**

1. On April 13, 2002 PAHAL organized "Night of Plays" at Shanti Vihar Park maqsudan, Jalandhar. Plays 'Iss Garab te chalay bahut vikara' Mittee Rudan Karay' were staged at this event. People enjoyed these plays in huge number. In Iss Garab te chalay bahut vikara problems of migrated Indians were shown. They are still gripped in castism. In 'Mittee Rudan Karay' women were compared with earth and their problems were depicted. After the enacting plays artist were introduced to local people by Madam Suman Lata and Mr. Hansa Singh . On this occasion Prof. Lakhbir Singh told that the aim of these plays were to aware people the problems faced by families.
2. PAHAL in collaboration with P.T.U. Ladowali Road, Jalandhar and C.I.I.L Mysore organized a ten day workshop on 'Punjabi Spell Checker' from July 10 to July 20, 2002 with Dr. Ranjit Singh Rangeela from CIIL Mysore as key resource person. In this workshop 120 stenographer were given training. A software of Punjabi language was also prepared . Dr. Ranjit Singh told that trainees were provided knowledge of modern also prepared words Moreover this training would also help the people from media. On the closing day Mr. S.S. Bains ADC came as chief guest. Prof. Lakhbir Singh told that this was the first workshop of its kind and the same will also be conducted in four different cities. All the trainees were given the certificates.
3. On September 8, 2002 PAHAL observed 'International Literacy Day' by organizing an awareness Program at Govt. High. School Maqsudan, Jalandhar. In the presence of Sh. S.S. Bains ADC (D) jalandhar PAHAL adopted ward No. 1 and 2 for its literacy project. Dr. D.R. Vij famous educationist presided over the function . Mr. Bains appreciated the contribution of NGOS like PAHAL in this field He announced appreciation amount of Rs. 100/- Nav Chetna Kala Munch. On this occasion a play 'Jado Roshni Hundi Hai' written by S. Gursharn Singh was also enacted.
4. On November 7, 2002 22 PAHAL organized an Educational Awareness Program at Govt. High School, Talwandi Bharow jalandhar in which needy pupils were helped by PAHAL. On this occasion members of Panchayat and villagers were also there besides students. S. Kashmir Singh Sarpanch welcomed people by saying that village is lucky to have highly literate people among them and he promised to provide every help for the development of the village. Dr. Jagdish Kaur Wadia Vice-President PAHAL addressed the meet by saying that the health of children and their education

should be given top most priority. Prof. Lakhbir Singh told people to pay attention for the progress of the country by making their children self sufficient through education.

5. On December 22, 2002 PAHAL organized a seminar on a Punjabi novel 'Kafir Maseeha' written by an NRI Punjabi writer Inder Singh Khamose at Guru Nanak Dev Distt. Library, Jalandhar. Famous Punjabi critic Mr. Joginder Singh Rahi spoke about the book that it is a book full of human emotions. He considered this book as classical novel Inder Singh Khamosh appreciated the efforts of PAHAL in bringing high personalities from Punjabi literature to the seminar. Prof. Lakhbir Singh while addressing told that the aim of PAHAL is the all round development of youth. Many eminent Punjabi critics were present on the occasion and they spoke on the different aspects of the novel.
6. On January 18, 2003 PAHAL organized an 'Educational Awareness Cum Help to Needy Students' program at Govt. Elementary School Distt. Kapurthala Mr. L.K. Yadav IPS, SP city Headquarter Kapurthala was there as chief guest to grace the function. On this occasion Mr. Yadav told these efforts are essential to make people in villages aware in the field of education. He appreciated efforts of PAHAL. Prof. Lakhbir Singh told education should not be limited to degree rather it should be used fully for the society. Youngsters need a proper guidance so that they can come out from the grip of drugs and dangerous diseases.
7. On March 12, 2002 PAHAL organized a seminar on the book 'Suran Da Safar' written by S. Kanwaljeet Singh Suri at Guru Nank Dev Distt. Library Jal. In which eminent writers and critics from the world of Punjabi literature participated from various parts of the Punjab. It is a book which shows us the experience and struggle of many successful personalities. S. Jagdish Singh Variam Chief Editor of Variam spoke highly appreciably about the book. Baby Pancham instrumented the famous creation of Amrita Pritam 'AJ Akha Waris Shah Noo' Ms. Seema Anand gave her first live performance by singing a beautiful song and her cassette was released on this occasion. During the function a sad note was also read due to the sudden death of father of Mr. Hans Raj Hans. Mementos were also presented to the dignitaries.

## **HONORS FELICITATIONS AND CELEBRATION OF IMPORTANCE DAYS**

1. On November 15, 2002 PAHAL organized an awareness Program at Shagun Palace kapurthala in which more than 15 regular blood donors of the area were honored by giving them mementos and certificates. On this occasion Mr. Mahesh Secretary PAHAL told that the aim of PAHAL is to make the youth of the country self sufficient and they can improve more by becoming a member of such NGOS. Mr. Kuldip Singh Walia MD Shagun Palace was specially honored
2. On January 12, 2002 PAHAL celebrated 'National Youth Day' on the occasion of the birth anniversary of Swami Vivekanand at DAV College Auditorium Jalandhar in association with Distt. Administration Jalandhar in which Sh. K. Siva Prasad IAS DC Jalandhar graced the occasion as chief guest and while addressing the students he said that they should keep on developing themselves by engaging themselves in powerful activities. He praised the efforts of PAHAL and promise to provide every help in future. Dr. D.R. Vij hoped that youth would make this country a powerful one by uniting themselves. Prof. Lakhbir Singh alerted the young people about their environment and their duties toward society. Moreover in the program distinguished youth of the city were honored. Artist Deepak Raja entertained people with his talent of comedy.

#### MISCELLIONIOUS

1. On May 23, 2002, a delegation of PAHAL lead by President PAHAL Prof. Lakhbir Singh met D.C. of Kaputhala Sh. Rakesh Kumar Verma IAS regarding various problems of the rural areas. In this meeting information about the activities of PAHAL was given to D.C. Prof. Lakhbir Singh informed that about 2000 trees were planted in different villages by PAHAL in addition to it different medical camps were organized for the benefit of rural people.
2. On November 25, 2002 PAHAL organized a Sharadan Camp for the development of Govt. Sr. Sec. School Fattu Dhingra Kapruthala with the help of local community. Here it is worth mentioning that school was facing big problems due to collection of rainy water in school campus which was solved in the camp.



3. A School level mega sports fair was organized from Nov. 26 to Nov. 28, 2002 at village Kikkar pind by DeshBhagat yadgar Committee in association with PAHAL. Prizes were given to winners of different categories.
  
4. PAHAL organized NEW YEAR 2003 on Jan. 1, 2003 by organized a cleanliness camp at Guru Nanak Dev Distt. Library Jalandhar showing its spirit of social and national development. Mr. S.S. Bains (ADC) and Mr. S.S. Arora Regional Manager PNB were there to encourage the volunteers of PAHAL.