

ANNUAL REPORT OF PAHAL 2006-07

36, NEW VIVEKANAND PARK, MAQSUDAN, JALANDHAR – 144008 (PUNJAB) INDIA

PAHAL completed Ten years of its age while marching towards goals of integrated personality development of youth through works of community development and now is in Eleventh year. Keeping its tradition alive and maintaining its spirit in service to humanity PAHAL made the year 2006-07 full of activities and achievements. As usual PAHAL continued completing their project already started and started so many new projects and campaigns keeping in view its aims and objectives for better development of the society and its very noble cause for humanity. To achieve their goals and make its tradition alive members of PAHAL (delegations) managed the association of various government, non-governing educational, academic and other institutions to discuss, plants and materialize its new projects and campaigns.

10-04-2006

PAHAL organized NGO's meetings for promotion of NGO's and to bid farewell to outgoing D.C. Sh. Ashok Gupta IAS. In this Program Ashok Gupta said that his tenure in Jalandhar was memorable and he is proud of having good friends and renowned NGO's during my stay at Jalandhar I could know that highly educated persons can do much better in NGO's functioning In this function G.T.W.P.C, P.P.D. Rotary club, National Youth Forum, Balika Siksha Trust Indian cultural Association etc attended this special Program.

18-04-2006

PAHAL organized Tree Plantation camp in the Tennis courts of Model Town Prof. Lakhbir Singh President Pahal said that Tree are the basis of life on earth. He motivated the kids to plant and nurture trees in their surroundings XEN Harbir Singh from PPC Board Jalandhar was the Chief guest. 25 samplings of Neem, Tahli and Jamun were Planted Baldev Singh NRI, Dr. Raman Kumar, Karnail Singh, Gursharan Singh attended this Tree Plantation Camp among 30 tennis players

22-04-2006

PAHAL celebrated WORLD EARTH DAY in Govt Girls Sr. Sec. School Nehru Garden, Jalandhar. A painting competition was organized in which Ms Apurva Lal got first prize, Manpreet Second and Sarabjit Kaur Bajaj third prize Prof. Lakhbir Singh President Pahal presided over the function. Prof. Singh appealed the young minds to take care of Earth for its sustainable maintenance Principal Joginder Kaur and Prof. Lakhbir Singh have given the prizes to winners. Among other were students of the school, fine arts teacher Mr. Gurmukh Singh, Amritpal Singh and Kamaljit Singh Bhatia.

29-04-2006

PAHAL Celebrated world Dance Day in Red Cross Bhawan on 29-04-2006 in Red Cross Bhawan. A Dance competition was held. In classical dance Police DAV Public School got winner's Trophy, Dayanand Model School got Second prize. Sh. M.S. Kainth ADC (G) Jalandhar was the Chief Guest

Among others were Retd. comdt. B.S. Lali, Principal Sarbjit Singh, J.S. Cheema. Judgement was prepared by Dr. Parmveer Kaur Randhawa, Ms. Hena and Ms Harsumit Kaur, Dancer presented there were Dandia, Bhangra, Kathak Bhart Natyam, Mr. Kainth appreciated Pahal for this constructive Program He gave the prizes to the winners

7-05-2006

PAHAL in collaboration with other NGO's of the region special press conference on Environment crises in Press class on 7-05-2006. Sant Balbir Singh Seechewal, Sh. Umender Dutt from Khetivirast mission, Sr. Balbir Singh Bhaveer, Dr. Nirmal Singh of Punjabi Sath and many other NGO's attended this conference. Need of masses movement was felt Mr. Dutt told that Punjab hold's 2% of land mass of agriculture land of India. Unfortunately 16% of total product of Pesticides was being used in Punjab Only. That is being resulted in Asethmic, Skin cancer and So many other diseases. Sant Seechewal warned the government and non government bodies for disobedience of environment laws.

8-05-2006

PAHAL in collaboration with Indian Red Cross Society, Jalandhar and other NGO's of Jalandhar organized Blood Donation Camp on World Red Cross Day in Red Cross Bhawan on 8-05-2006. DC Anurage Verma was Chief guest. ADC MS Kainth, Dr HS Lamba, Prof. Anup vats, Ms Parminder Beri, Ranjna Bansal , Promila Dada, Saveera Agarwal, Suman Sareen, Prof. Sandeep Chahal, Ms Pratibha Kang were presented there Sec Red Cross. S. Harinder Singh Presented the report of Year long activities of Red Cross Jalandhar.

22-05-2006

PAHAL organized International Biodiversity Day on 22-05-2006 Environmentalists, students and teachers. Today spared some time to share their thoughts on dwindling variety of flora and fauna, as they participated in the International Bio-diversity Day Program here today.

NGO Pahal organized a function this morning duringh which the participants forwarded a resolution to the State Wildlife Board for the conservation of wildlife in Punjab.

They gave suggestions and discussed regulations that they demanded must be enforced for the conservation of the bio-diversity.

The President of Pahal Mr. Lakhbir Singh , said, "The earth's wealth is slipping away AS human populations are expanding and intensifying their use of land, wild species and their habitats are disappearing Wild plants and animals are an important chain in the ecio-system. As wildlife vanishes, our won life is impoverished, if not imperiled."

A retied XEN from the Agriculture Department, Mr Baldev Singh, said that our of the total 80,000 types of plants known to be edible, only 150 were now being extensively cultivated.

He said that merely three crops, wheat, rice and corn all of wild origin, constituted two-thirds of the world's grain harvest.

A medicinal plant grower, Mr Gurbachan Singh, talked about the decreae in numbers of medicinal herbs.

An advocate, Mr Avtar Singh Kaler, stressed upon the enforcement of bio-diversity laws by the authorities.

A seminar on “bio-diversity” was also organized on the directions of the Punjab State Council for Science and Technology at Government Model Co-Education Secondary School, Ladowali Raod, in which the students and teachers participated.

The participants stressed on the decrease in diversity in agricultural flora and desert varieties. Uday Thakur won the first prize, followed by Abhinav.

The third prize went to Tamanna and Monika. The Principal, Ms Raj Kumari Saroa, distributed prizes to the winners. Mr B.K. Prashar and Mr Darshan Singh, leading the eco-club in the school, organized the event.

26-05-2006

PAHAL organized Declamation competition on 26-05-2009 at Ravindra Day Boarding School 42 Young student's from different classes participated in this competition Mr Kasir Arora gave detailed information of environmental crises of Punjab Principal S.P. Sharma promised to organize regular activities in environment to sensitize the student's and masses at large in this declamation Surinder Pal Kaur won first prize Pooja got second and Jaspreet Kaur won third prize. Arjun Sharma, Vinit Bajaj and Kusum Sharma was also present Neha Kaushal was nominated incharge of Environment Programs

31-05-2006

PAHAL organized a function on No-Tobacco Day in Guru Nanak Dev Distt. Library on 31-05-2009. Dr A.S. Jarewal CS Jalandhar was the chief guest. Dr. R. Bhargav oncologist and surgeon Sacred Heart Hospital Jalandhar President over the function. Dr. Jarewal told that in India 3.5 million people die due to Tobacco use. Dr. Rupinder Bhargav told that the there are 47% men and 12% women in the habit of Toabacoo use. Tobacco is one of the major causes of cancer particularly of lungs, throat, Jaw and oral cavity. Dr. Jagdeep Kaur, Prof. Kamaldeep Singh, Surinder singh Bajwa, Sh. Rakesh Pal and many other prominant citizens were present there Sh. Vinod Kumar conducted the Program.

5-06-2006

World Environment Day was celebrated in Brahma Kumari Ishwari Maha Vidyalya. Prof. Lakhbir Singh said that masses and not aware of environment dangers. Prof. Bhartendu Singla HOD Food Sc department expressed his views on the impact of pesticides on food grains. He said that India agencies are still using the banned chemicals which have very harmful side effects on human health. Among other Who spoke were B.K. Raghubir, B.K. Man Singh, B.K. Jamuna, Prof. Kamaldeep Singh Vice President Pahal, Sh. Amit Kumar General Sec. , Dr. J.K. Wadia, Ms Harvinder Kaur. B.K. Vinod presented vote of thanks. The saplings of Neem were distribute among 150 participants of WED 2006

4-06-2006

PAHAL organized seminar and Tree Plantation camp at Sultanpur . Ms Daljit Kaur executive Magistrate Kapurthala was the chief Guest. Prof. Lakhbir Singh President Pahal , Pritpal Singh

Tehsildar , Principal Sukhjit Singh, Manjinder Kaur, Joginder Singh Multani, Joginder Singh Jammu, Najas Tehsildar Narinderjit Singh addressed to Panchayats of various villages of Sultanpur. Prof. Assa Singh Ghuman Presented vote of thanks. 100 sapling of various types were planted in the campus of Govt Sr. Sec. School Sultanpur Lodhi.

14-06-2006

PAHAL celebrated World Blood Doners Day. Dr. J.S. Nagi Assistant Civil Surgeon was the Chief Guest in IMI Bidhi Pur. 49 units of Blood have been donated voluntarily. Simultaneously there was a special talk on the leishmaniasis in Red Cross. Dr. H.S. Lamba was the guest speaker. Mr Manav Jain , Ms Dalbir Kaur, Prof. Kamaldeep Singh, Harvinder Kaur, Narinder Kaur, Mr. Madeep and Parveen Kumar was present there Dr Yogeshwar Sood, Prof. Sandeep Chahal, Dr. Bharat Bhushan, Dr. Mukesh gupta was also there representing Indian Medical Association of Jalandhar.

24-06-2006

Seminar of Foresting and distribution of saplings. As many as 100 teachers from various schools, in association with NGO Pahal, observed the Punjab Forest Day at Government Senior Secondary School, Model House, on Saturday. Addressing the gathering Mr. Lakhbir Singh, President, Pahal, said that Punjab had a marginal cover of less than 5 percent of the total land area. But, he said, the authorities concerned were paying little heed to the environment crisis. He said environmental studies had been made a compulsory subject in all public schools, but it was all at a theoretical level only.

On the occasion, Pahal provided saplings of neem and tahlia to the participants free of cost. Mr Gurmukh Singh, resource person, and Principal Sharanajit also talked about a possible environmental disaster and climatic change due to depleting forest cover.

10-07-2006

PAHAL in collaboration with universal peace federation organized one day seminar on "Principles and Practices of Peace" in Hotel Vijay Resort Jalandhar. Dr. Robert Kittle, Ms Ursula from UPF delivered detailed lectures on various aspects of peace process Dr D. R. vij, Principal, Sarbjit Singh, Saran Singh, Comdt B.L. Lally, Prof. Rajeev Sharma, K.S. Bhatia, Kiranjit Kaur Randhawa, Sudesh Suri, Shashi Rampal and 100 young scholars from various places attended the seminar.

11-08-2006

PAHAL organized Tree Plantation camp near Railway track around IMI Bidhipur, Sh Venu Prasad IAS DC Jalandhar was the chief guest, 540 saplings of Neem, Silver Oak, Peepal, Ashoka, Bottle Brush etc. were planted Mr Manav Jain, Sh. Kulbhushan Jain, S. Harbans Singh, Comdt. B.S. Lally. Prof. Kamaldeep Singh, Kabir Arora, Neha Bajaj and 200 Trainers of IMI were present there. Prof. Lakhbir Singh delivered a lecture on the status of Forest of Punjab.

13-08-2009

PAHAL organized Tree Plantation camp and awareness Program in the memory of S. Apar Singh Bajwa in the campus of Loyal Pur Khalsa Sr Sec School Jalandhar 21 saplings of neem saplings were planted Mrs. Amarjit Kaur Bajwa, Mr Dharam Pal, Mrs. Harmanjit Kaur, Bhagal, Ms Harprit Karu, Eng. Narinder Singh, Navtej Singh Bajwa, Prabhjot Kaur Bajwa, Prof. Kamaldeep Singh, Sh. V.P. Pahal, Kanwaljit Singh

Bhatia, Prof. Teerath Singh, Binderjit Kaur all Pahal members were presented there S. Gurnam Singh Principal of School presented vote of thanks. A Set of Books was donated to school in the memory of Late S. Apar Singh Bajwa

28-08-2006

Blood Donation Camp was organized in A Pee Jay College of Fine Arts. 80 Young Students donated blood. Kamna Raj Agarwal executive of Eng export promotion council was the Chief Guest. Dr Suchriata Sharma Principal, Prof. Jeevan Youth club incharge, Prof. Rekha, Dr. Neeraj HOD Physiotherapy Dept were present

3-09-2006

Tree Plantation camp was organized in HMV Jalandhar 50 Saplings of Neem, Sukhchain, Arjun Puteranjiva, Bahera were planted Ms PP Sharma was the presiding officer of this camp. Ms Mehima Khosla, Ms Kuljit Kaur Program officer NSS guided the volunteers for NSS activities.

9-09-2006

Special Program on World Literacy Day 9-9-06 was organized in Anand Ma Ashram Ladowali Road. 350 girls of Ashram participated this Program Prof. Lakhbir Singh delivered a lecture on importance of education. Mr Kabir Arora Co-ordinator also addressed the gathering. The girls were given note books and stationary. A set of 25 books was donated to the library of Ashram

19-09-2006

PAHAL organized a special function on 320 nd anniversary of Bhai Ghanya in Pahal Public Library Rail Vihar Jalandhar. S. Rashpal Singh Badhan, Davinder Singh, Gurvinder Singh Gurdial Singh residents of Rail Vihar were honoured for their social contribution . Young aspirants Poonam Rana, Tanveer, Daljit Singh, Daljit Singh, Mohit Rana, Neha Bajaj, Griffin were also given appreciation certificates

09-09-2006

Tree Plantation camp was organized in one day NSS camp in MGN College of Education Jalandhar. Prof. Lakhbir Singh delivered lecture on role of NSS in personality development of Youth Dr Amit Kauts presided over, Ms Arti Nanda guided the volunteers.

15-10-2006

PAHAL organized voluntary Blood Donation camp in MGN College of Education. S.SPS Marar was the chief guest. 50 young students donated blood along with Meharban Singh, Dr. Gagandeep Singh BTO Jalandhar collected blood with his blood bank team. Principal Amit Kauts presented vote of thanks. S.Marar ADC Jalandhar appreciated Pahal for the noble work. Ms Deepa Sikand Kauts in charge Kauts made all arrangements

14.15-11-2006

PAHAL in co-ordination with DAV Institute of Physiotherapy organized free Physiotherapy cap on children's Day in the Institute. The target of the camp was Polio affected, cerebral palsy, Spastic and autism victim children. About 200 children were provided physiotherapy service in and around north Jalandhar Dr. Pravin, Dr Ram Babu, Dr. Manoj rendered services under the guidance of Dr Jitender Sharma Principal of the Institute. Pahal honored the doctors.

On 18th of November, 2006 Prof. Lakhbir Singh President Pahal Suddenly got compression fractures in D-12 vertebra of his spine, after few days it was investigated multiple myeloma bone marrow cancer that too in third stage . All of a sudden all the activities of Pahal has been stopped.